

SDSU Soccer

Spring Jackrabbit Friendlies

Rules

Rules: Normal USYSA outdoor soccer rules apply with the following modifications.

1. Game length- two 25 min halves with a 5 min half-time. The clock will run continuously and no time will be added for injuries, goals or other stoppages.
2. Number of players- 8 field players plus a Goal keeper (9v9) or 6 field players plus a Goal keeper (7v7)
3. Offsides will be enforced for all games
4. Field Size approximately 80 x 53 yards (9v9) and 53 x 40 (7v7)
5. Substitutions – Can sub on any dead ball. Only exception is if the opponent has an attacking dead ball is trying to play quick and they don't have subs at same time as the defending team

Additional 7v7 Rules:

1. GK Distribution- No punting or dropkick are allowed (An indirect free-kick at the half line will be awarded to the other team if it occurs)
2. Restraining line – On all goal kicks and times where the GK has the ball in his or her hands, the other team must drop to hash marks (football dashes). If a player refuses to do so, the result will be an indirect free-kick for the other team at the halfway line.
 1. If the GK plays the ball quickly there is no punishment
 2. The defending team may pressure the ball as soon as the ball leaves the GK's hands or is placed at the GK feet.